

BNW notes 5/2/18

Members Present

Lee, Aaron, Mike, Jerry, Tracy, Steve, Mark, Liz, John, Joe, Bill

Members Absent: Jake

Guests: none

Greeter: Lee

Events in Woodbury

- Prayer Breakfast - was a huge success 380 in attendance, everyone was well fed next year it will be held on May 7th
- Bill Hargis award went to Mary Giuliani Stevens
- Tomorrow economic update at Library 7:30-9 am
- middle schools have "Jr" plays in Woodbury
- June 4th Woodbury Scholarship golf tourney
- Lions Garage sale Mother's Day weekend
- June 18th Woodbury Young Life golf tourney

Prompter: Dr Aaron

It's Doughnut Week - history of doughnuts

Headliner: Jerry

- How your life can change.....
- 6 years ago going to a workout with his wife, which Jerry didn't want to go to changed his life
- over the next 2 weeks the workouts were tough but life changing
- after 8 months he lost 32 lbs
- stopped snoring
- mind changed, use to be moody now after working out feels like he's on cloud 9
- decided to change his membership over to trainer
- group fitness - keeps you accountable
- right now has 6 members
- it's changing people's lives
- "the tribe" www.thetribe.fit

30 second commercials

Next Week:

Greeter: Steve

Prompter: Jerry

Headliner: Liz